# Website content:

### Victoria Legal Aid – Specialist sexual harassment and discrimination law services

Victoria Legal Aid (VLA) provides [specialist sexual harassment and discrimination law services](https://www.legalaid.vic.gov.au/specialist-sexual-harassment-and-discrimination-law-services) to help people who have experienced sexual harassment and discrimination in the workplace.

**They can help with:**

* providing legal advice and assistance
* representation at conciliation, mediations and hearings
* conducting direct negotiations.

**They cannot help with:**

* general employment advice
* workers’ compensation claims
* defending complaints of discrimination, sexual harassment or victimisation made against you.

Victoria Legal Aid also provides free, confidential legal information about discrimination matters over the phone and online:

* call VLA’s Legal Help line 1300 792 387
* message VLA’s online [Legal Help Chat](https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.legalaid.vic.gov.au%2Fspeak-to-us%23how-to-start-a-chat&data=05%7C01%7CJennifer.Arch%40vla.vic.gov.au%7Ccb7cb3416c9e478f263c08db08b1bbe8%7Cf6bec780cd1349ce84c75d7d94821879%7C1%7C0%7C638113331675867023%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2FNO%2B%2FGgnHSlbGsHNgX%2FhgMO3CnSuEbl1FR%2BrTX3yIxs%3D&reserved=0)

You can contact these services from 8 am to 6 pm, Monday to Friday. These services are closed on public holidays.

**More information**

Learn more about [sexual harassment and what you can do about it](https://www.legalaid.vic.gov.au/sexual-harassment).

# Image for web:

Orange and pink tile with text:
"We frequently hear from clients that the sexual harassment was said in a joking manner and they laughed along because they didn't know what else to do, or they just felt so uncomfortable."
Melanie Schleiger
Program Manager, Equality Law Program at Victoria Legal Aid